## Food Security Programs in Acton

## Acton Food Share (food bank – fresh and dried food supply)

- 350 Queen Street Unit 6, Acton (behind Beckers)
- 519-853-0457
- Tuesdays 8:30-11:45am and 12:30-2:30pm
- Bring ID and proof of income when going for the first time; you will need to complete a registration during the first visit

## **Food for Life Program** (fresh food supply, currently a pre-bagged food program)

- https://www.foodforlife.ca
- Follow on Facebook- search: Food for Life
- Pick up location:
  - St Alban's Anglican Church, now operating from the parking lot between Town Hall and Giant Tiger, 19 Willow St N. Acton.
  - Thursdays at 10:00am
  - 519-853-3583
- Delivery (for those with mobility constraints and lack of transportation):
  - Thursday morning bag delivery
  - Call 519-853-2121 to receive a bag

## Fresh Food Box (an affordable way to buy fruit and vegetables)

- May not be running yet due to COVID-19
- www.haltonfreshfb.ca
- 647-887-4435
- Seasonal fruit and vegetables ordered once a month and delivered to a local site for pick up on the 4th Tuesday of the month
- \$22 for large box, \$17 for small box or \$12 for single bag (pay at pick up or online when ordering)
- If you are on Ontario Works, ODSP, Children's Services or Prenatal Servicescontact your support worker to find out if you are eligible to receive a box.
- Pick up on the 4th Tuesday of the month from Links2Care, 47 Mill St., Acton

If you need help with food, please call 311 or 211. www.211ontario.ca

Updated: July 2020