## Hospice Palliative Helpline 905-667-1865

## Who Should Call:

- Front line staff supporting those who have palliative care needs
- Those who are living with a palliative illness
- Family members of a loved one who have palliative care needs
- Family members/friends who have experienced the death of a loved one
- Those with, or supporting someone with a COVID-19 diagnoses
- Healthcare providers who require palliative care clinical support

## How We Can Help:

- Confidential counselling and emotional support by phone or video conference
- Listen, answer questions, and provide/share resources
- Facilitate conversations about the goals and plan of care for end of life
- Address challenges and support emotional well being
- Support, information and education about grief, and spiritual distress
- Support for palliative care clinical questions by a Palliative Care Nurse Practitioner









Mississauga Halton Palliative Care Network