



Welcome to FeelingBetterNow®

FeelingBetterNow® is Canada's only medically based and approved website designed to assist family physicians and patients in the early diagnosis, treatment and ongoing management of mental health disorders using Medical Best Practices. It is the only mental health care system of its kind that helps both patients and physicians.

The College of Family Physicians of Canada has reviewed and approved FeelingBetterNow® as a practice management tool available to assist family physicians in patient care.

FeelingBetterNow® is evidence based and was developed by a team of the foremost mental health care professionals. All your information is kept totally secure and you remain anonymous at all times.

FeelingBetterNow® Access Instructions

1. Visit www.feelingbetternow.com/haltonhills
 2. Click "Create Your Account"
 3. Type in a Username and Password (instructions for doing so shown on screen)
 4. Confirm Password
 5. Agree to the Terms of Service and Privacy Policy
 6. Click "Create Account" to confirm
- OPTIONAL: set up password recovery via email or security questions